Before the First Journey

After his conversion in Damascus, Paul very nearly lost his life (Acts 9:19-25).

Paul went away into Arabia for three years, being taught by Jesus Christ (Gal 1:17-18).

Paul then came to Jerusalem where he was assisted by Barnabas. Again his life was threatened, so he went home to Tarsus (Gal 1:18-24, Acts 9:26-30).

Paul next went to Antioch in Syria. From there, he was sent down to Judea with aid for the brethren in need because of famine (Acts 11:19-30).

Paul and Barnabas then returned to Syrian Antioch (Acts 12:25).

At Antioch, Paul and Barnabas are called to embark on what is known as the first missionary journey (Acts 13:1-3). .

The 1st Missionary Journey

From Antioch's seaport Selucia, they sail to Cyprus, and work throughout the island (Acts 13:4-12).

Next they go to Pamphylia and the other Antioch in Pisidia (Acts 13:13-52).

They went down to Lycaonia, working in Iconium, Lystra, and Derbe (Acts 14:1-23).

Passing through Pisidia and Pamphylia again, they then worked in Perga (Acts 14:24).

They went down to Attalia and caught a ship back to Syrian Antioch (Acts 14:25-27).

Period in Syrian Antioch

Between the 1st and 2nd missionary journeys there was "a long time" in Antioch in Syria (Acts 14:28).

During this period, Paul, Barnabas, and other companions had to go up to Jerusalem to attend a council of the apostles regarding the issue of Christians keeping the law of Moses (Acts 15:1-29).

Paul returned to Antioch and worked there a while longer (Acts 15:30-35).