The very first Christians "were together and had all things common... as anyone had need" (Acts 2:44-45).
- Genuine Christianity involves helping people in distress (Jas 1:27).
- Christians "weep with those who weep" (Rom 12:9-15).
- Christians "bear one another's burdens and so fulfill the law of Christ" (Gal 6:2).
- Christians "help the weak, and remember the words of the Lord Jesus, that he himself said, 'It is more blessed to give than to receive'" (Acts 20:35).
- Christians are brothers and sisters in Christ. They pray together, and help each other through life. Do not be ashamed to take advantage of this when you have genuine need. If you have been willing to assume the duties of a Christian, why not also be willing to partake of the blessings that you need?

7. Practise the Pilgrim Principle

Christians are "sojourners and pilgrims" (1Pe 2:11-12), whose life in this present world is a well-conducted journey along a difficult road to heaven. This world is not our home, we are only passing through.

- Jesus promises us, "I go to prepare a place for you, and... I will come again to take you to myself that where I am there you may be also" (Jhn 14:1-3).

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We Can Endure

By Ron Graham

How can we survive trouble? We draw on the help that God provides. "God is our refuge and strength, a very present help in trouble" (Psa 46:1). "Let us draw near with confidence to the throne of Grace, that we may receive mercy and find grace to help in time of need" (Heb 4:16). There are seven ways to do this...

1. Accept the Forgiveness of Sins

In times of trouble, we are beset by many negative feelings, fear, disappointment, bewilderment, grief, a sense of failure, rejection and guilt. Guilt is one of the worst. We cannot cope with our troubles when burdened with guilt.

Jesus provides us with blessed relief from guilt. No matter how terrible our sins have been, Jesus is able to carry them all away.

- Through him we can have "our hearts sprinkled from an evil conscience" (Heb 10:22).
- "He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness, by whose wounds you were healed" (1Pe 2:24).